October 2024 Volume 52

Townhaller

DONATE TO TOWNHALL II

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"Autumn teaches us the beauty of letting go. Growth requires release."

-Unknown-



Townhall II's Community Picnic

Please join Townhall II Integrated Help Network for our 2nd Annual Sanctuary Community Picnic on **Thursday, October 3rd, 2024.** This event will be held at the Hometown Bank Plaza in Downtown Kent, Ohio.

The schedule of events is as follows:
11 A.M. - Welcome Speakers
11:30 A.M. - 2:30 P.M. - Food Served
12 P.M. - Mark Lee Shannon Performance
1 P.M. - 3 P.M. - Guest Speakers

There will be games, music, and fun all afternoon! Ice cream, s'mores, hamburgers, hotdogs, and vegetarian options will be available.

In Memory and Honor of Arissa Shupe

By: Sarah McCully, Prevention and Outreach Director

Townhall II lost an amazing part of their family on Wednesday, August 14, 2024. Arissa Shupe, 27 years of age, passed away following a courageous battle with an aggressive disease.

Arissa was the Victim Outreach Services Manager and Volunteer Coordinator, and her shoes will be impossible to fill. Arissa was incredibly levelheaded and always cool, calm and collected. She was always kind and polite and eager to get things done.

The agency will miss her calming demeanor and her incredible work ethic, but most of all, we will miss a great person and friend. Although it was difficult to gauge how Arissa was truly feeling from day to day, she was never in a bad mood. She never said an unkind word about anyone and always greeted her fellow co-workers with a smile and a hello.



Arissa made a huge impact on all the people that had the great pleasure of working with her within the agency and throughout the community. It was easy to see that her heart was in her work.

One of my favorite memories of Arissa was following a conversation we had regarding rearranging office furniture. Before the words had a chance to linger in the air, she was already moving a large bookshelf down the hallway and putting together a brochure holder. She never wasted anytime getting a job done.



Arissa, you were my accountability buddy, and I am going to miss our daily reminders to eat lunch! I miss seeing Scooby Doo around the office and our after-work check ins over the phone. I will miss dressing up for office Halloween parties with you and attending OAESV conferences together.

We lost a dear friend and co-worker, but heaven just gained a phenomenal advocate! May you be in peace, dear friend.

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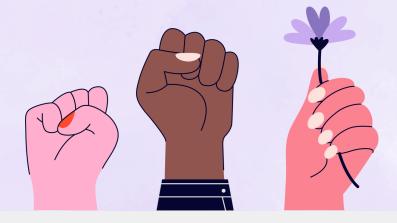
Domestic Violence Awareness Month



Domestic Violence Awareness Month (DVAM) is held annually in October. The observance was first known as a national "Day of Unity" in 1981. Annually, communities and advocacy organizations engage with one another in a united effort to help advocate for an end to domestic violence.

This October, the Townhall II Integrated Health Network's Victim Advocates plan on engaging with the local community in a few different ways. On October 8th, advocates will participate during the Take Back the Night March / Speak Out on Kent's Campus. Take Back the Night (TBTN) started in the 1970's as a protest against sexual violence. Now, TBTN is a symbolic march and rally that is welcome to all survivors and allies. Our advocates will educate those in attendance on Townhall II resources as well as participate in the march through campus.

The very next day, October 9th, advocates will be present on another local campus—NEOMED. The college is hosting a tabling event where our advocates were invited to further spread awareness of both our FREE victim advocacy services and Domestic Violence Awareness month.



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HAPPENINGS OF THE MONTH



International Coffee Day

- This holiday was first celebrated in Milan, Italy in 2015.
- Light roast coffee beans have more caffeine in them than dark roasts.
- 400 million cups of coffee are consumed in the U.S. daily.
- The caffeine taken from decaf coffee is put into sodas to make them caffeinated.





National Pumpkin Day

Pumpkin is normally considered the flavor of Fall. From sweet treats like pumpkin pie and pumpkin spice-flavored coffees to savory dishes like pumpkin ravioli, there is something pumpkin-flavored for just about everyone to try. Check out some pumpkin recipes **here.**

31ST

HAPPY HALLOWEEN



October Events

For more information, contact us at 330-678-3006 or email us at info@townhall2.com. Donut Drop InWednesda

- Wednesdays from 8:30AM-10:30AM.
- o 155 N. Water Street, Kent, OH 44240.

• Mothers in Recovery

- o October 14th & 28th from 6PM-7:30PM.
- o 520 N. Chestnut Street, Ravenna, OH 44266.

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Employee Spotlight

Chloe Eaglowski



Start Date: April 2023 **Current Title:** CIS Trainer

Previous Job Titles at Townhall II: Crisis Intervention Specialist **Background:** Chloe has a degree in Psychology with minors in Criminology and LGBTQ+ Studies. She also works full time as a

Campus Advocate with Hope and Healing.

Fun fact about Chloe: "I love sushi!"

Chloe's Favorite Quote: "Hard work beats talent when talent

fails to work hard."

Staff Shout Out!

Thank you to Maddi! Recently, she went around the office passing out encouraging stickers to staff. She was able to recognize that it was a busy and hard week for some of her fellow team members, and she took the initiative to help lift our moods. We appreciate Maddi and this kind gesture very much!

-Raynit

Staff Anniversaries



2 Years:

Bo Hall Lynn Raber

1 Year:

Lynette Zentkovich



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