

# Townhaller

## DONATE TO TOWNHALL II

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"Live in the sunshine.  
Swim in the sea.  
Drink in the wild air."  
-Ralph Waldo Emerson



## Our New Ravenna Office

On June 12, 2024, Townhall II Integrated Health Network celebrated the opening of our new office in Ravenna, Ohio, with a ribbon cutting event attended by staff, sister agencies, community supporters and the media.

The office, located at 520 N. Chestnut St., will house the agency's growing Prevention Department, and additional services, as we anticipate duplicating the services offered at our downtown Kent facility. Sunshine Cupcakes and Murray's Munchies, both of Ravenna, were kind enough to provide food for the event.

# What Has Prevention Been Up To?

The 2023–2024 school year came with requirements through several Ohio laws. These laws require instruction on suicide awareness and prevention, safety training and violence prevention, as well as substance abuse prevention and social inclusion in the classroom. Specifically, Erin’s Law requires curriculum for child sexual abuse prevention, dating violence prevention, and sexual violence prevention. The laws include requirements for classroom instruction, parent/legal guardian awareness as well as notification and training for school personnel. Townhall II’s robust Prevention team has been providing instruction in child sexual abuse prevention, teen dating violence prevention, substance abuse prevention and suicide awareness and prevention for many years. Our curriculum also includes training for school personnel and parents/guardians in all topics, so we were ready to hit the ground running.

Our Portage County school districts have been amazing! We are so proud to say that all districts have been utilizing our programming for over 20 years and have been ahead of the game in numerous ways. The Mental Health and Recovery Board of Portage County has been a strong champion of prevention and is one of the biggest reasons Townhall II can provide substance abuse prevention and teen dating violence programming in Portage County free of charge. Grant assistance from the Rape Crisis Fund and The Ohio Department of Health assists us in providing Personal Body Safety (child violence prevention programming), Stand Up (teen dating violence curriculum adapted from Safe Dates), Signs of Suicide, and Start with Hello in the schools free of charge. This year, our prevention services also reached Mogadore City Schools, Nardon City Schools, and Twinsburg City Schools.

Through our prevention services, we also provide school districts, juvenile court, and Kent State University with online education courses. Additionally, we provide several parent education programs through grants from the Ohio Children’s Trust Fund and the Department of Youth Services. The United Way of Portage County and The Ohio Department of Health help fund our annual youth summit and youth led prevention projects as well.

Townhall II’s Prevention Team would like to thank all of Portage County’s School Districts (Field, Rootstown, Southeast, Ravenna, Kent, Garrettsville, Windham, Streetsboro, Aurora, Crestwood, and Waterloo), as well as Bio-Med and the Kent, Ravenna, Streetsboro and Atwater Head Start, for inviting us into their classrooms every year. It is a joy to work with you and your students and we thank you for your support!

We also thank Twinsburg, Nardon and Mogadore School Districts for the chance to serve your classrooms this year. We look forward to many more years with your students!

**For scheduling information, please reach out to Sarah McCully ([sarahmc@townhall2.com](mailto:sarahmc@townhall2.com)) or Sarah Gehring ([sarahg@townhall2.com](mailto:sarahg@townhall2.com)).**

# Prevention Programs 2023-2024

by the numbers

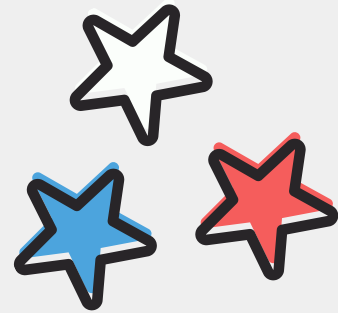
<b>Too Good for Drugs</b> (Substance Abuse Prevention, K – 5th grade & High School) & <b>Project Alert</b> (Substance Abuse Prevention, Middle School)	<b>3,782</b>
<b>Personal Body Safety</b> (Child Violence Prevention, Pre-K – 5th grade)	<b>6,729</b>
<b>Stand Up</b> (Teen Dating Violence Prevention, 6th-12th)	<b>2,192</b>
<b>Signs of Suicide</b> (Suicide Prevention and Awareness, 6th-12th)	<b>1001</b>
<b>Start with Hello</b> (Social Inclusion)	<b>79</b>
<b>Portage County Youth Summit</b>	<b>67</b>
<b>Portage Schools Education Courses</b>	<b>Total: 94</b> Vaping (HS & MS): 89 Marijuana (HS): 5
<b>Portage Juvenile Court Education Courses</b>	<b>Total: 79</b> Alcohol: 22 Marijuana: 39 Vaping: 15 Nicotine: 3
<b>KSU Education Courses</b>	<b>Total: 43</b> Alcohol: 27 Marijuana: 16
<b>Active Parenting and Parenting Wisely</b>	<b>87</b>

# HAPPENINGS OF THE MONTH

4TH

## Independence Day

Better known as the Fourth of July, Independence Day celebrates the day the Declaration of Independence was passed in 1776. It has been considered a federal holiday since 1941.



## National Ice Cream Day

19TH

Here are some fun facts about ice cream!:

- In 1984, Ronald Regan declared July to be National Ice Cream month.
- Chocolate ice cream was created before vanilla.
- Around 98% of Americans have ice cream in their freezers at all times.

30TH

## International Day of Friendship

The International Day of Friendship is a day created by the United Nations, or UN. It was created in 2011 based on the idea that friendship can inspire peace.



## July Events

For more information, contact us at 330-678-3006 or email us at [info@townhall2.com](mailto:info@townhall2.com)



### • **Group to Grow**

- July 3rd, 10th, 17th, 24th, & 31st from 6:00-7:30PM.
- 161 E. Main Street, Ravenna, OH 44266

### • **Rainbow After The Rain**

- July 4th, 11th, 18th, & 25th from 6:00-7:30PM.
- Meets Virtually

### • **Mothers in Recovery**

- July 8th & 22th from 6:00-7:30PM.
- 161 E. Main Street, Ravenna, OH 44266

# Employee Spotlight

## Ravnit Mangat

**Start Date:** March 14th, 2023

**Current Title:** Crisis Intervention Specialist

**Previous Job Titles at Townhall II:** VOCA Volunteer

**Background:** "I got my bachelor's degree in psychology from Kent State University and am currently in my third semester of the CMHC Graduate Program at Kent State University. I feel that volunteering with VOCA helped establish the skill set I needed to work on the Helpline."

**Fun fact about Ravnit:** Ravnit enjoys reading and being outdoors in her free time.

**Ravnit's Favorite Quote:** "It is what it is. Accept it and move on."

## Staff Shout Out!

Kudos to Sandy B.! She always knows how to make the office laugh and has the best one-liners! She wears a lot of hats, but always takes the time to answer any questions we may have and help however needed. Thank you, Sandy!

Shout out to Kevin B.! Kevin is our Marketing Director at Townhall II, and he works tirelessly to ensure that our agency is well-represented in the community. He does so much for us, but he always has a smile on his face while he's doing it. Thanks Kevin!

## New Staff

**Laura Stephens**  
Manager of Quality  
Improvement



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