

### DONATE TO TOWNHALL II

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"Flowers don't worry about how they're going to bloom. They just open up and turn toward the light, and that makes them beautiful." -Jim Carrey



## April is Sexual Assault Awareness Month (SAAM)

The National Sexual Violence Resource Center coined this year's theme as Building Connected Communities. This year's goal is to help reduce the likelihood of sexual abuse, assault, and harassment within our communities. The Victim Advocates at Townhall II always aim to educate and protect survivors, which starts at the local level!

Last March, the VOCA team created free coffee sleeves to give out to local coffee shops. The sleeves were (and still are) free of charge to the community. On the sleeves there are 3 different designs; the back of all 3 designs includes phone numbers that survivors/ those affected by sexual assault can reach out to for support. A grand total of 2,225 sleeves were passed out in 2023.

This March, the campaign continued. Most local shops that accepted previously were receptive to receive the sleeves again. A new location, Nervous Dog Coffee Bar, also joined the campaign! Our total number of sleeves given out so far this year is 2,025.

# Prevention's Delicious New Campaign

March was Problem Gambling Awareness Month and Townhall II wanted to spread awareness in the community. Cheyenne Sims, our Substance Abuse and Gambling Prevention Specialist, created informational coffee sleeves and flyers to attach to pizza boxes. Our prevention team contacted coffee and pizza shops throughout the county to see who might be interested in our campaign.

We would like to thank all of the participating locations for distributing our informational coffee sleeves and pizza flyers. There are still some left, so if you get a chance, check out and support these wonderful local businesses!





We'd like to give a shout out to **Horseshoe Diner, Last Exit Books & Coffeehouse, Megan's Family Restaurant, Scribbles Coffee Co, The Bean and the Baker, and Tree City Coffee & Pastry** for participating in our coffee sleeve campaign. Due to their support, we were able to distribute 4,000 coffee sleeves.

Also, shout out to **Bob's Pizza, Cal's Pizza Express, Caporaletti's Pizza, Eldorado's Pizza, Guido's Pizza, Kinsey's Korner, and Stoney's Pizza** for participating in our pizza flyer campaign. Because of their support, we were able to distribute 1,300 pizza flyers.

## **Trans Care Connect Warm Line**

Our 24/7 Helpline is a great community resource for those in crisis and anyone is welcome to call! However, in some cases, a warm line might be a better fit. A warm line is a phone service that offers confidential and free mental health support. Unlike a crisis line or hotline, which is what we have at Townhall II, warm lines are **not** intended for emergency situations. If you're not sure how to find a warm line, we can always get you connected!

Recently, there has been talk of anti-trans legislation, rules, policies, and guidelines in Ohio, that have many people worried about their future. These individuals are more than welcome to call our Helpline, as this situation can cause a lot of fear, sadness, confusion and may absolutely be a crisis to them. Remember, if you are in crisis or having any thoughts of suicide, please call the Townhall II Helpline at 330–678–4357. You matter, and your safety is the most important thing to us!

However, if you are not in crisis and have specific questions regarding this new legislation, or how to navigate health care as a trans person, we would encourage you to reach out to the new **Trans Care Connect Warm Line.** This warm line has been created by TransOhio and is run by trained volunteers that are aware of, and highly educated on, the political atmosphere of Ohio right now. This specialized resource is free and confidential, and offers both phone and messaging services for the Ohio trans community. They can offer emotional support and may suggest local resources but, like our Helpline, never give advice: medical or otherwise.

Check out TransOhio's website <u>here.</u>

We're here for you! Call or text tollfree: 866-708-6446

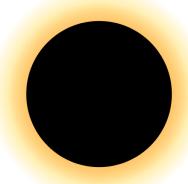
### 866-7-0-TOHIO 866-7-0-86446



## HAPPENINGS OF THE MONTH

### **Total Solar Eclipse**

You may've heard recently that Kent is in the path of totality for the Total Solar Eclipse that is occurring on April 8th, but what does this mean? Well, at 3:14 PM on April 8th, the moon will completely blackout the sun for approximately 3-5 minutes. In order to see the sun totally eclipsed by the moon, you must be in the path of totality. There will not be another total solar eclipse in Northeast Ohio until September 2099, so try not to miss it!





### <u>Tax Day</u>

It's definitely not the most exciting day in April, but it's a very important one! Tax Day is when individual income federal tax returns are due. Any tax you owe, or a very good estimate of that amount, is due by this deadline.

### Arbor Day

• Arbor Day is a national holiday that was created to highlight how important trees are to our environment.

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- Arbor Day was first celebrated in Nebraska City, Nebraska on April 10th, 1874. It was estimated that 1 million trees were planted that day alone!
- This holiday is now recognized in the US every year on the last Friday in April.



For more information contact us at 330.678.3006 or email us at info@townhall2.com.

- Group to Grow
  - April 3rd, 10th, 17th, & 24th from 6:00-7:30PM.
  - 161 E. Main Street, Ravenna, OH 44266
- Rainbow After The Rain
  - April 4th, 11th, 18th, & 25th from 6:00-7:30PM.
  - Meets Virtually
- Mothers in Recovery
  - April 1st, 15th, & 29th from 6:00-7:30PM.
  - 161 E. Main Street, Ravenna, OH 44266

# **Employee Spotlight**

#### **Rebecca Roberts**



**Start Date:** January 2023 **Current Title**: Child Violence Prevention Specialist **Background:** "I studied public health at Kent State. While I was in college, I wrote many papers about how we need more education and programming like the Personal Body Safety Program in elementary schools, and I love getting to implement this program!"

Fun fact about Rebecca: Becca loves going to concerts. Becca's Favorite Quote: "Still I Rise" -Maya Angelou



155 N. Water Street, Kent Ohio I 330.678.3006